

Transitions with Atum O'Kane
February 19-21, 2021
Zoom seminar



*Like nomads moving our camp
Every season
There is a new native land
With every rebirth.*

Dilgo Khyentse Rinpoche

Together we will honor the insight that our life is a journey. We pass through many seasons as our soul moves on toward a new native land and further unfoldment.

Let go of your old identity and lay the groundwork for a new sense of self. Life changes are times of passage and initiation. Transition is often defined as an in-between time when we live in the midst of uncertainty; that which has contained and grounded our life has dissolved and a clear sense of what will unfold in the future is not fully available to us. This time is often tinged by the sadness of letting go, the difficulty of living with the unknown and the anticipation of new beginnings.

Work with teachings from various traditions including Jungian psychology and Alchemy to detach from old roles and expectations. Use personal ritual in the journey of completion, passage and rebirth. Meditation, storytelling and small group sharing encourage the development of intuition, discernment and creative imagination.

Transition in the deepest sense is not just a crisis but an initiation into a new consciousness, identity, and way of life. In the process we are called upon to discern what will pass with the old season and what is essential for our rebirth. The passage we are facing today includes the whole human family and our individual way of living and integrating life.

A special emphasis will be given to the parallels between personal and planetary transition, which is so significant in our time.

Atum O'Kane is the founder and director of the Spiritual Guidance Wisdom School. He has a PhD in Transpersonal Psychology and a Masters in Psychological Counseling and is a graduate of the Guild for Spiritual Guidance. Atum's vision of each individual soul having the ability to listen and respond to their particular call of living an expanded life is central to his teachings. He presents the Spiritual Guidance core training programs with an inter-faith approach in five countries. In addition, Atum leads workshops, retreats and pilgrimages in North America, Europe, Asia, and the Holy Lands. To date, he has lead over 50 pilgrimages.

Atum served as Secretary General for 12 years in the Sufi Order International. He was blessed with long-term mentoring by the Sufi Master Pir Vilayat Khan, Reb Zalman Schachter, the founder of Jewish Renewal and Spiritual Eldering, along with Frances Vaughan, a pioneer of Transpersonal Psychology.

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Fee: \$250

Registration Form:

Name: _____

Address: _____

Phone: _____

Email Address: _____

Please print out the Registration Form and mail with a check* made out to Madhura Cuadra to: 22 Miramar Avenue San Francisco, CA 94112

*** I can only accept checks written from a US bank account. If you wish to make a bank transfer, please email me at MadhuraCuadra@gmail.com**