

**Subject:** [JamiatKhas] Becoming the Stillness Class May 26th with Wali Ali  
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The next Becoming the Stillness between the Breaths class with Murshid Wali Ali will be held Saturday May 26th at the Mentorgarten in San Francisco from 10AM - 9:30PM with lunch included. This is an invaluable opportunity to explore deep practice in a loving container that can serve us in our everyday life.

Come a few days early if you can to take advantage of all the rich offerings that week:

- Thursday night Dharma Class with Wali Ali will meet at 7:30PM to further delve into the teachings of Sokei-an Sasaki, Murshid SAM's original Zen teacher.
- Friday night the Fragrance of the Rose returns at 8PM with zikr led by PamAllah, accompanied by Gari Heggidus, and spoken poetry by Magdalena.

Space is limited for the Saturday Stillness class, so contact me soon to reserve your spot [barakatchb@gmail.com]. This is Memorial Day weekend which we hope will help in allowing more time for travel should you be coming from out of town.

With love & blessings,  
Barakat

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Posted by: Carolynn Bryan <carolynnbryan@hotmail.com>

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