

The BEST form for worshipping God / Goddess / Source is EVERY form.
The Divine is our Beloved, not our jailer.

Caravan of the Heart



Calling Presence into Every Moment

Dances of Universal Peace • Zikr (*remembrance*)

Wazifa (*mantra*) • Breath Practice • Satsang (*spiritual transmission*)

Sohbet (*heartful conversation*) • Sangha (*heart community*)

We'll use these tools with Embodied Mindfulness of Breath & Body, Sound & Silence, Movement & Stillness, to invoke and evoke Presence in all that we do together.



led by **Jilani Cordelia Prescott** and **Muiz Brinkerhoff**

Sat, March 16, 2019 • 10 am - 5 pm

at *The Barn*, in Sebastopol

\$ 45 - 75 Sliding Scale

To Register, and for more Info: muiz@becomingclear.org

Map & Directions sent on registration

Bring a bag lunch

Jilani, from West Yorkshire, England, UK, is a professional violist and piano, violin, and viola teacher; a *Dances of Universal Peace (DUP)* Mentor; and a member of the Ruhaniat Teachers' Circle. She has been leading the *DUP* at the 2 annual, week-long camps in the UK (Sacred Arts Camp, and Unicorn Dance Camp) since the early 2000s, as well as playing guitar and viola for other Dance and Zikr leaders, and coordinating the camp musicians. For 5 years she was on staff at the French summer Dance Camp (Camp d'Été), as well as leading her own weekend and week long retreats in various locations in the UK, France, Spain, and Morocco.

Jilani's particular work for many years has been formally mentoring new and emerging Dance leaders, with a special concentration on encouraging and supporting teenage and young adult Dance leadership and musicianship.



Muiz from Santa Rosa, northern California, is also a *DUP* Leadership Mentor, and Ruhaniat Teachers' Circle member.

He has led the *DUP* and Sufi practice at camps, seminars, and retreats around the USA since 1979, has mentored other *DUP* leaders since 1987, and has led annually in the UK since 2003.

Jilani and **Muiz** have been leading together in the UK annually for the past 10 years, and in Morocco in 2015, '16 and '17.

In Morocco, we've made some very deep and sweet connections with the staff and drivers at the guest house where we hold the retreats, and a few years ago, they trusted our sincerity enough, despite the outward differences in our ways of practicing and praying, that they began sharing some of their own Zikrs with us. **Jilani** will be sharing some

these Moroccan Zikrs with us during the day.

The Divine accepts ALL currencies of devotion, even counterfeit coin.
So, even if you've broken your vows a 1000 times ... Come, Come Again!
Ours is not a caravan of despair but one of lovers and those who would learn to become lovers.