

The BEST form for worshipping God / Goddess / Source is EVERY form.
The Divine is our Beloved, not our jailer.

Remembering the Beloved is All in All

An Evening of Sufi Zikr

(embodied remembrance)

Practicing Presence and Devotion with Heart-centered Mindfulness of
Breath and Body, Sound and Silence, Movement and Stillness

led by **Jilani Cordelia Prescott** and **Muiz Brinkerhoff**

Wed, March 13, 2019 • 7.30 - 9.30 pm

The Mentorgarten

410 Precita St, San Francisco, CA 94110

\$20 Suggested Donation



Jilani, from West Yorkshire, England, UK, is a professional violist, and a piano, violin, and viola teacher; a *Dances of Universal Peace (DUP)* Mentor; and a member of the Ruhaniat Teachers' Circle. She has led the DUP

at the 2 annual, week-long camps in the UK (*Sacred Arts Camp*, and *Unicorn Dance Camp*) since the early 2000s, as well as playing guitar and viola for other Dance and Zikr leaders, and coordinating the camp musicians. For 5 years she was on staff at the French summer Dance Camp (*Camp d'Été*), as well as leading her own weekend and week-long retreats in various locations in the UK, France, Spain, and Morocco.

You may remember **Jilani** and her family from the *Mendocino Sufi Camp*, or the evening she led at *The Mentorgarten* with her husband Robert, when they were here in 2016. Because of her own teaching schedule and family responsibilities, this is a rare and not-to-be-missed opportunity, to Dance, make Zikr, and share deep Heart Space with a delightfully welcoming, and accomplished leader and musician.



Jilani's particular work for many years has been mentoring new and emerging Dance leaders, with a special concentration on encouraging and supporting teenage and young adult Dance leadership and musicianship.



Muiz from Santa Rosa, northern California, a member of the Ruhaniat Teachings' Circle and DUP Mentor, has been leading the DUP and Sufi practice at camps, seminars, and retreats around the USA since 1979. He has mentored other DUP leaders since 1987, and has led retreats annually in the UK since 2003, and in the south of France in 2017.

Jilani and **Muiz** have been leading together in the UK annually for the past 10 years, and in Morocco in 2015, '16 and '17. In Morocco, they've made very deep, sweet connections with the staff and drivers at the guest house where the retreats are held. After the first time, despite the outward differences from their own ways of practicing and praying, the drivers began joining in, and then began sharing some of their own Moroccan Zikrs. **Jilani**

will be sharing some these Zikrs with us during the evening.

For more Info: muiz@becomingClear.org

The Divine accepts ALL currencies of devotion, even counterfeit coin.
So, even if you've broken your vows a 1000 times ... Come, Come Again!
Ours is not a caravan of despair but one of lovers and those who would learn to become lovers.