



## **The Art of Spiritual Guidance with Atum O'Kane**

**June 2021 to June 2022**

**6 non-residential gatherings\* 4 days each  
in Northern California**

Spiritual guidance supports a process of personal transformation that connects the soul with its longing for expression and authenticity. It is an art, a gift and a calling that has long been practiced in contemplative traditions to support spiritual development as well as personal transformation.

The Art of Spiritual Guidance is a training program for people in a mature place on their path, spiritually or psychologically or both, who are committed to further learning and exploration. This foundation course provides an opportunity for the soul's quest for expression, authenticity and the growth of intimacy with the Divine within oneself, one's relationships, and the world. Offering an interfaith perspective, this special course integrates the wisdom and insights of Transpersonal and Jungian psychology and the opportunity to practice skills for serving as a spiritual guide to others, and for deepening one's own spiritual foundation. The training is for those called to spiritual guidance and will also benefit those working in medical, religious, teaching and helping professions by broadening their understanding of spiritual development.

The Spiritual Guidance training is a gathering place for those who have experienced considerable inner work and who value sharing the journey of the soul within a community of other mature seekers. This is an opportunity for 25 or so people to journey together creating a sense of spiritual community and support.

Program themes include: call and vocation, myth, God ideal, shadow, typology and spiritual practice, dreams, the seeker-guide relationship, and stages and states of the spiritual journey.

Atum O'Kane is the founder and director of the Spiritual Guidance Wisdom School. His vision of each individual soul having the ability to listen and respond to their particular call of living an expanded life is central to his teachings. Atum presents the Spiritual Guidance core training programs with an inter-faith approach in five countries. In addition, Atum leads workshops, retreats and pilgrimages in North America, Europe, Asia, and the Holy Lands. To date, he has lead over 50 pilgrimages.

Atum holds a PhD in Transpersonal Psychology and a Masters in Psychological Counseling. He is a graduate of the Guild for Spiritual Guidance, a discipline that focuses on the Christian Mystics, the vision of Teilhard de Chardin and the Depth Psychology of Carl Jung.

Atum served as Secretary General for 12 years in the Sufi Order International. He was blessed with long-term mentoring by the Sufi Master Pir Vilayat Khan, Reb Zalman Schachter, the founder of Jewish Renewal and Spiritual Eldering, along with Frances Vaughan, a pioneer of Transpersonal Psychology.

**Program contact:** Madhura Cuadra [madhuracuadra@gmail.com](mailto:madhuracuadra@gmail.com) for an application and additional information.

**\*Please note that although we are planning an in-person program, depending on the COVID-19 pandemic, the first or other gatherings may be held on Zoom.**

**Program dates:**

**2021**

June 3-6

Sept 16-19

Dec 9-12

**2022**

Feb 17-20

April 28-May 1

June 23-26

**Payment information and Registration Form on next pages**

## **Payment information:**

Fees: \$2400 before February 1, 2021  
After February 1, add \$120

## **Payment options:**

1) Pay in full by check.

2) Pay with 2 checks of \$1200 with one of the checks post dated for January 15, 2022 (both checks to be submitted when registering).

3) Pay a deposit of \$400 plus 5 post dated checks for \$400 dated August 15, 2021, November 15, 2021, January 15, 2022, March 15, 2022 and May 15, 2022 respectively (to be submitted with your deposit check when registering). Add \$20 to each check if registering after 1/1/21

**(Please note that you will be required to pay the full fee even if you miss sessions)**

**Please write check/s to Madhura Cuadra and mail with your completed registration form (on the next page) to: 22 Miramar Avenue San Francisco, CA 94112**

**\* I can only accept checks written from a US bank account. If you wish to make a bank transfer, please email me at [MadhuraCuadra@gmail.com](mailto:MadhuraCuadra@gmail.com)**

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Registration Form:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

**Please note that this training requires a  
commitment to the program in it's entirety.**

Please print out the Registration Form and mail with your  
check/s made out to Madhura Cuadra to:  
22 Miramar Avenue San Francisco, CA 94112

Thank you!