

Sixth Annual
Northern
California

Sufi Sesshin

with Pír Shabda Kahn, Murshid Wali Ali, Murshida Taj Inayat,
Sheikh Rahmat Moore and Gayan Long

Friday, January 2 - Sunday, January 11, 2009

Ten Days of Zikr, Dances of Universal Peace, and Meditation

Join us for ten days of Silent Meditation alternating with Zikr and Dances of Universal Peace, exploring this new way to integrate active practice with meditation. Previous years' retreats with nearly 100 people attending were a deep and joyful success.

"The Dances of Universal Peace and Zikr are an excellent way to prepare for meditation and meditation is an excellent way to prepare for the Dances of Universal Peace and Zikr."

— Murshid Samuel Lewis

This potent practice combines the power and resonance of the Zikr Circle /Dance Circle with the profound calm and abiding insight of the meditative state. It is our goal that this integrative approach will move us toward a grounded balance of Serenity, Insight and Awareness. The teachings and transmission of Hazrat Inayat Khan and Murshid Samuel Lewis will be woven into the context of the retreat.

Our retreat site, owned and operated by the Institute of Noetic Sciences, is a beautiful property on the Marin-Sonoma border, conveniently located right off Hwy 101, sheltered by rolling hills. It has a spacious Dance/Meditation Hall, dining hall and comfortable lodging in single or double rooms.

Cost for retreat, lodging, and meals is \$825/double occupancy or \$1025 for a single room. Off-site price \$595. Applicants under 30 years, partial scholarship may be available. Early birds, before November 1, deduct \$75. After Dec.15 add \$100. Part-time applicants must start at the beginning, \$115 per day, double occupancy. Inquire about single availability.

To register, go to <<http://www.marinsufis.com/schedule.php>> and find an online registration form, which has all the information both you and we need, along with travel tips. Or send a non-refundable deposit of \$100 to: Samia Bloch at 2908 Deakin St. #B, Berkeley, CA 94705

Checks or money orders can be made to "GGSC (Golden Gate Sufi Circle)." Credit Card payment through Paypal, see online registration form. You can also contact Samia at 510-548-5010 or by email at samia@marinsufis.com.

Reserve your space as early as possible, save money, and avoid disappointment! Last year's retreat filled.